

Apothecary Workshop Pomander Beads Recipe

Of Rose 1 large pewter spoon

Of Fennel 1 large pewter spoon

Of Lavender 1 large pewter spoon

Of Powdered Cloves 1 large pewter spoon

Of Benzoin crushed in the mortar 1 small pewter spoon

Of Oil of Lavender 4 drops only

Of Rose Water 1 pewter spoonful

Of Gum Tragacanth 1 pewter spoonful and then $\frac{1}{2}$ a spoonful if needed

To a bowl place all the dry ingredients and stir well, put therein the oil and rose water, stir and add the gum, form into a soft putty and shape into little pastilles.

The pastilles must dry for 3 weeks before a hole being made therein to thread upon a fine wrought cord.